



CHRISTUS ST. MICHAELS HOSPITAL TEXARKANA



Birth Fact Sheet

Labor & Delivery positions:
Hand & Knees, Side Lying, &
Lithotomy Position (Back).*

Tubs Available.
Can be used to labor not deliver.

Movement allowed during labor **

Midwives on staff

Lactation consultants available

Pain management available:
IV pain medication, epidural,
& Comb (Pain Gate Theory)

IV Fluids Required *

Hep Lock Required

Private Labor & Postpartum
Rooms.

Allows for 2 family members
present for birth

60 Second delayed cord
clamping *

Encourages Golden Hour

Caesarean Rate : 24.2% ***

Episiotomy Rate: 3.4% ***

